

## Needs

Expanded scope of mental health services and supports

Increased availability of adequate neuroaffirming care

More accessible and affordable diagnostic services

More supports for daily living

Enhanced awareness and acceptance



**Autism**  
Alliance of Canada  
Alliance canadienne de  
**l'autisme**



Difficulty finding and accessing services



Limited communication supports and alternatives



Lack of understanding of autism within the healthcare system



Inadequate accessibility and inclusion in existing services

# Mental Health Service Needs and Barriers for Autistic Adults in Canada

Results from the Canadian Autistic Adult Needs Assessment Project



**Read the full report:**

[http://autismalliance.ca/  
Adult-Needs-Report-  
Phase-2](http://autismalliance.ca/Adult-Needs-Report-Phase-2)