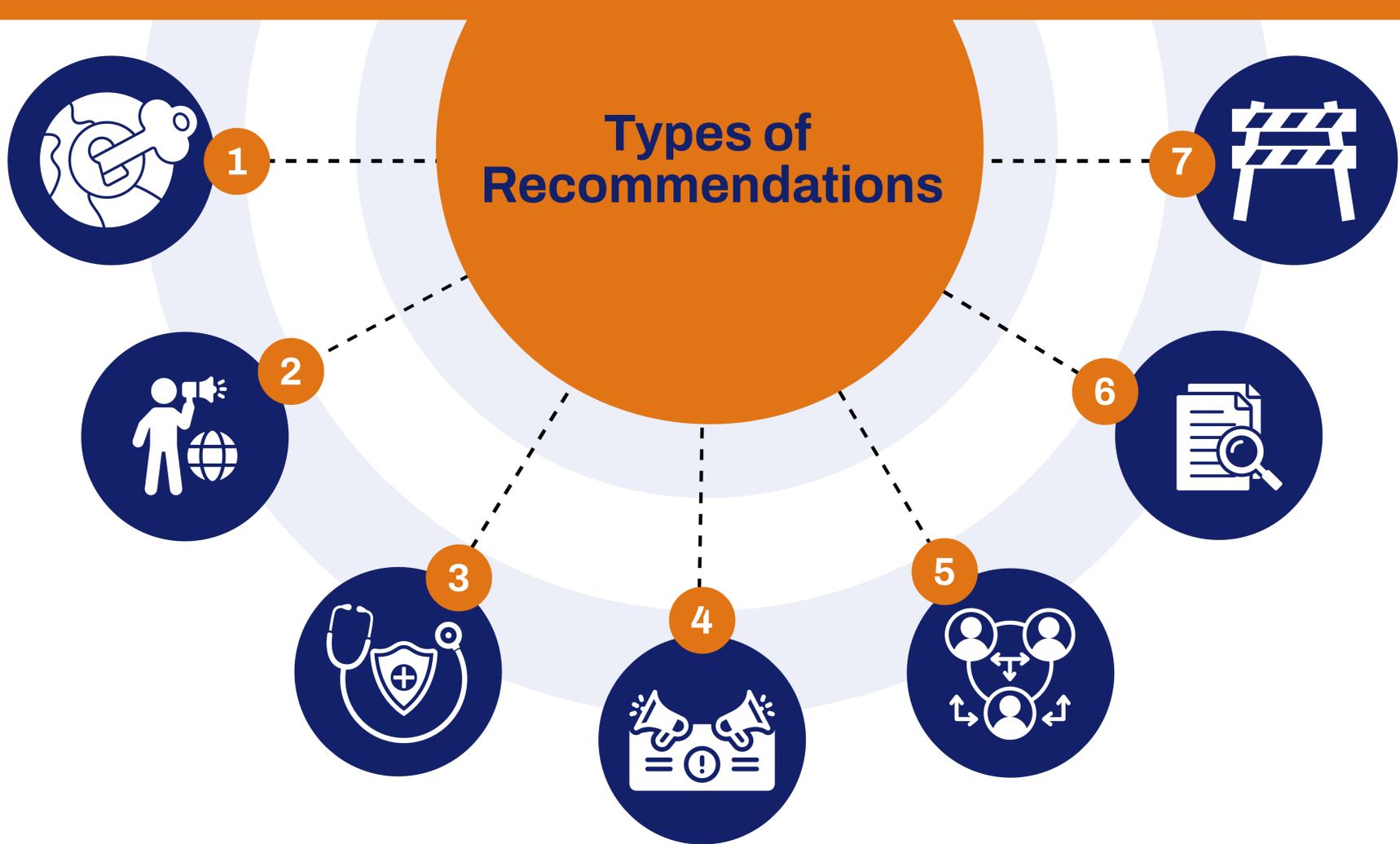




# Canadian Autistic Adult Needs Assessment Project

Recommendations to better support Autistic adults from Autistic adults



## 1 Access to Services and Supports

- Expand Adult-focused Autism Services
- Enhance Support for Caregivers and Families
- Improve Employment Supports
- Increase Financial Supports
- Broaden Mental Health Services

## 2 Involvement and Advocacy

- Implement Lived Experience Committees
- Increase Service Provider Diversity

## 3 Healthcare and Diagnosis

- Implement more Education and Training for Providers
- Increase Coordination and Continuity of Care
- Increase Access to Assessment Documentation
- Create Defined Pathways to Care

## 4 Public Awareness and Acceptance

- Reduce Stigma
- Create Business and Employer Resources

## 5 Community-Based Social Supports

- Create more Support Groups and Social Activities
- Create Specialized Social Supports
- Increase offerings of programs to support Daily Living and Physical Activity

## 6 Research and Evidence-Based Practices

- Conduct more high quality Research

## 7 Barriers to Access

- Improve Accessibility of Information and Simplify Navigation
- Simplify Forms
- Increase Public Funding and Accessibility
- Create Alternate Referral Systems

For more detailed information about this project, please see the full report, available here:

<http://autismalliance.ca/Adult-Needs-Report-Phase-2>